



2021 Shellcrest Swim Team Season Overview

Eligibility: Qualifications for swim team are a Shellcrest membership and ability to complete one length (25 yards) of freestyle with consistent side breathing. Evaluations for all swimmers will be held during the first week of practice. For those swimmers not yet able to complete a length of freestyle, our coaching staff will assign them to our Developmental Lesson Program (see below for more information).

Registration & Fees: The swim team fee is \$75.00 per swimmer, with each additional child being \$50 . This fee covers most of our season expenses including our membership in the NBSL, kick off and end of season dinners, meet ribbons, prelim/champ entry fees, activities, after meet parties, and end of season awards.

FOR ALL NEW AND RETURNING SWIMMERS: Please fill out Shellcrest registration form included in this packet, and please state if you are a new swimmer or a returning swimmer. It is very important that we have the **BEST E-MAIL** and **CELL NUMBER** at which to reach you for updates on swim team messages or alerts.

PLEASE MAIL ALL FORMS AND PAYMENT to:

Liz Cutrona
330 Nichols ave
Wilmington, DE 19803

You can also register at the **Swim Team Kickoff Dinner on Sunday, June 6th**

Please note ****All Swim Team fees MUST be paid by SWIM TEAM KICKOFF DINNER JUNE 6TH . Swimmers will not be allowed to swim if the fees are not paid by that time. **No exceptions!!****

Communication: Email will be the primary method of keeping everyone updated. Visit the pool website, www.shellcrestpool.com and click on the "Swim Team" link for updated information throughout the season. You can also email us at shellcrestswimteam@gmail.com

Swim Suit and Cap: We are using the same suit as last year. Shellcrest Team colors are Navy, Green and White. After May 1st, please visit the Swim Shop in Fairfax Shopping Center. Please ask for the Shellcrest Suit. Our team logo will be placed on the suit at the store. The staff will know the placement area: Center neckline for girls and mid thigh area for boys.

Girls: Speedo Endurance Core Basic (Navy) Super Pro Back or Fly-Back(thin strap) available for girls 11 & over

Boys: Speedo Endurance Core Basic (Navy) Solid Jammer

Cap: We do not provide cap, however we can order caps for those who want to purchase them. Please fill out the form for Team Caps at the end of this packet, and include with your payment when you send in the fees. We are getting green silicone caps with navy SHELLCREST written on them, and they will be \$12 each. We have also decided to add personalization this year. Turnaround time is about 3 weeks so please order ASAP!



Neon Green cap w/Navy letters, order on registration form \$12 each, or personalized \$28/two caps.

Kick off dinner/Information Meeting will be held on Sunday, June 6th at 6:00PM at the pool. Main course of dinner will be provided. Last Name Families (A-L) please bring a dessert. Last name families (M-Z) please bring a side dish. We will send out an evite and email reminder before the scheduled date.

We ask that everyone bring their own drinks for this dinner – a reminder for that will go out as well. BYO beverages!

Parents' Meeting with Coaches and Committee: 7:00PM

We also ask that you bring your beverage donation for the swim team snack bar to the kickoff dinner so we have it ready to go for our home meets. Based on your last name, we ask that you either donate cases of bottled water, soda, or Gatorade. We will provide that exact info in email for kickoff dinner.

Time Trials/Team Picture: TIME TRIALS AT SHELLCREST RAIN DATE OF JUNE 14TH

A team picture will be taken as well and we are hoping to offer individual shots as well for purchase. The snack bar will be open with dinner items, so plan on feeding your family there! Please be prompt (will notify you of time to arrive before the date) as the kids will be lined up for the team picture and then time trials will begin. **Wear team suit.**

Snack Bar: A \$20.00 donation per family OR a donation of PREPACKAGED healthy snacks/baked goods, etc. for 2 home meets and time trials. Our snack bar proceeds are a big part of our swim team budget, so your full support is needed. We will again ask that each family bring a beverage donation to the Kick Off Dinner to support our team. More information will be provided in late May. Like last year, we will be selling swim team snack bar punch cards No more digging through bags for coins! No more stopping at the ATM on the way to the pool! You will be able to purchase a card for \$20 that can be used at any home meet throughout the season. Details below

Volunteer Responsibilities: It is essential that all parents accept a volunteer role during the season. We have more rules and regulations this year due to Covid 19, so we need your help for a safe and smooth swim season this year. We will still be using Sign-Up Genius again to easily allow you to pick your volunteer roles. We require that each family sign up to volunteer at a minimum of 2 meets. If your swimmer is in either of the end of year NBSL meets, we will also

need each family participating to provide one volunteer. Positions include Lane Timers, Little Leaders, Parking Lot Management, Snack Bar, Ribbon Writers and officials.

Private Lesson Program Our coaching staff will be available this summer to teach private lessons which can be arranged anytime. Whether you are a young swimmer whose goal is to swim the length of the pool or an 18 & under who wants some extra help with your butterfly mechanics, we have an instructor for you. Payment will be handled directly between parents and coaches. Please email ShellcrestSwimTeam@gmail.com for more information.

Season Calendar:

June 1st – practices after school @ 4-5PM or 5-6PM

June 6th – kick off dinner, 6PM

June 7th – morning practices start (see below) ** If your swimmers are still in school this week, there will be a few afternoon practices scheduled that they can attend.

PRACTICE TIMES – NOTE CHANGES!!

8:00AM – 9:15AM All 12&U, 14&U, 18&U

9:15AM – 10:15AM All 8&U, 10&U

10:15AM – 11:00AM 6&U

June 10th TIME TRIALS AT SHELLCREST RAIN DATE OF JUNE 14TH

June 17th Shellcrest at River Road

June 22nd Timberlane at Shellcrest

June 24th Del Vets at Shellcrest

June 29th Shellcrest at Crestview

July 1st Shellcrest at Fairblue

July 6th Possible make up week due to weather related cancellations

EARLY JUNE NBSL WILL MAKE THE CALL ON IF CHAMPS MEETS WILL HAPPEN

A full season calendar of team events, special practices, etc. will be handed out at the Kick Off Dinner and posted on the pool website for download.

Spirit Wear: We are happy to be offering a variety of Shellcrest apparel this year! Information on all items for sale will be posted.

Fundraisers: We will be conducting some fundraising events throughout the season. Stay tuned for more details.

Buddy Program: We are excited to bring back the Shellcrest buddy program where an older swimmer(s) is assigned a younger swimmer buddy as a way to encourage the younger swimmers and help them feel comfortable and supported in the sometimes intimidating environments of swim meets. This will only be successful if the older swimmers are committed, so please indicate on the registration page if you have an older swimmer who would be interested in participating.

NBSL Eligibility Agreement: Each family will need to read the attached North Brandywine Swim League Eligibility Agreement, print, sign and either mail with your registration Kick Off Dinner on June 6th. This is a mandate by the league.

Shellcrest 2021 SWIMMER(s) Registration
Please complete and return form and payment to:
Liz Cutrona 330 Nichols ave. Wilmington, DE 19803

Swimmer Name _____
DOB _____ Has award plaque already? Y or N
Interested in Buddy Program? Y or N

Swimmer Name _____
DOB _____ Has award plaque already? Y or N
Interested in Buddy Program? Y or N

Swimmer Name _____
DOB _____ Has award plaque already? Y or N
Interested in Buddy Program? Y or N

Address: _____

Phone number: _____

Email address: _____

Parents' Names: _____

Number of Swimmers _____ X \$75 for first swimmer \$50 additional	\$ _____
Snack Bar punch cards _____ X \$20 per card (4 for \$75)	\$ _____
Snack bar fee \$20.00 per family (if not bringing food to meets)	\$ _____
Team Cap _____ X \$12 each	\$ _____
Personalized Team cap _____ X \$28 (includes TWO caps)	\$ _____
Personalization: _____	
Total (check payable to Shellcrest Swim Team)	Total \$ _____

2021 North Brandywine Swim League Eligibility

2021 Eligibility Rules *

Swimmers on NBSL teams must be members of their swim club on the same basis as non-swim team members. All swimmers must be active dues paying members of an NBSL league pool.

“Swim Team Only” memberships are not permitted, nor are memberships limited to the swim team season. An Exception will be given to only those grandfathered in by the NBSL.

For NBSL competitions, employees are not eligible to swim for that team unless they were a bona fide member during the previous season.

Babysitters, house guests, and nannies are not eligible to swim for the NBSL.

The age group of a swimmer for the entire season is determined by his or her age as of June 1, 2021. Swimmers with birthdays on June 1 will be assumed to have reached the higher age. A swimmer is eligible to compete so long as their age is less than 20 as of June 1st on the current year- i.e. a swimmer’s age must be 19 or under on June 1st.

A swimmer must swim for only one summer recreational swim league from May 1st-August 31st of the current season- example, swimmers may not swim for both Suburban and NBSL. Participation on a USA Swimming or YMCA short or long course competitive swim team shall not be considered a violation of this rule.

A swimmer is required to swim in at least two NBSL dual meets during the current season in order to participate in an NBSL Championship meet. Exceptions to the rule must be approved by the NBSL and may include a swimmer who was unable to compete in at least two NBSL dual meets due to testing positive for COVID-19 or being in quarantine due to being identified as a close contact of someone testing positive for COVID-19.

A swimmer must swim for only one NBSL league pool during the current swim season. A family may be represented on only one swim team during the season. Exceptions to this rule must be approved by the NBSL.

A swimmer who participated in any NBSL sanctioned event must have a parent’s or guardian’s signature on the Eligibility Agreement form prior to participating in an NBSL event.

NBSL ELIGIBILITY

Swimmer 1:

Name: _____

DOB: _____

Swimmer 2:

Name: _____

DOB: _____

Swimmer 3:

Name: _____

DOB: _____

Swimmer 4:

Name: _____

DOB: _____

Swimmer 5:

Name: _____

DOB: _____

Parent/Guardian Signature:

Swim Club: _____

Date: _____

*Note: All swimmers must have at least one parent/guardian signature prior to participating in an NBSL event.